






Childcare Menu Week 4 - Week Commencing: 21.10.24

*Low in Sodium & Refined Sugars

*Nut Free

*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>MANDARIN, CHEESE, CORN THINS & VEGGIE STICKS</p>	 <p>MELON & BLUEBERRY ORGANIC YOGHURT W/ OATS</p>	 <p>WHOLEMEAL FLATBREAD W/ TZATZIKI & CRUDITES</p>	 <p>TROPICAL FRUIT PLATTER W/ ORGANIC MILK</p>	 <p>ORGANIC YOGHURT W/ BANANA, KIWI & RASPBERRY CHIA</p>
LUNCH	 <p>CHICKEN MAC & CHEESE W/ PEAS & CARROT</p>	 <p>BEEF BOLOGNAISE PASTA BAKE W/ GARDEN SALAD</p>	 <p>CAJUN CHICKEN & CHEESE SLIDER W/ PINEAPPLE</p>	 <p>NOT SO CHILLI CON CARNE W/ CHEESE, RICE & BROCCOLI</p>	 <p>SANDWICH: TUNA, CHEESE & CUCUMBER / ROAST CHICKEN, PUMPKIN HUMMUS & SPINACH SUSHI: TERIYAKI CHICKEN & AVOCADO</p>
AFTERNOON TEA	 <p>ITALIAN FOCACCIA W/ CAPSICUM, OLIVES & PEAR</p>	 <p>MEXICAN BEEF NACHOS/ MEXICAN BEEF BURRITO W/ ORANGE WEDGES</p>	 <p>SPINACH & FETTA ROLLS / SWEET POTATO SPINACH ROLLS W/ ORANGE WEDGES</p>	 <p>CHEESE & VITA WEATS W/ TOMATO</p>	 <p>New Product PEPITAS PESTO PIZZA</p>